

Balgone Heughs

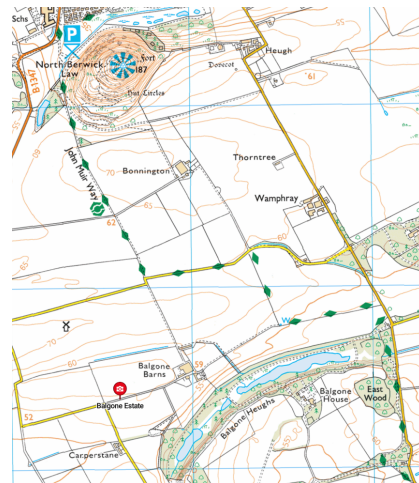
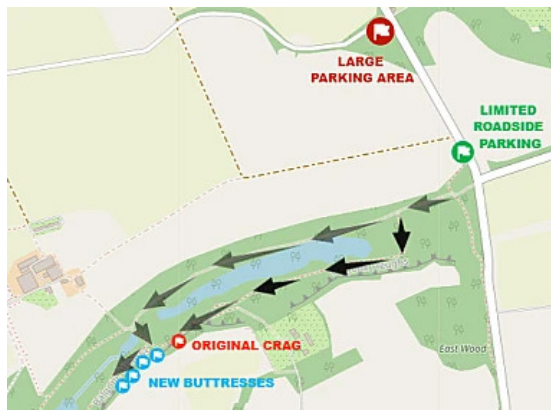
Crag features

Sports crag set along a 10-20m high series of crags. North facing, mostly in woods, so fairly sheltered from the wind but not much sun.

Originally developed in about 2014, but there are far more routes now (2025) and most of the original bolts have been replaced.

Approach notes

Do not leave cars on the Balgone Barns access road – this will jeopardise access.



- Originally access was from the fairly large North Berwick Law car park at: 56.0489, -2.7190 [google maps](#)
- Parking is also available at: 56.039583, -2.694091 [google maps](#) (this is the 'large parking area' marked in the map above left)
The walk from here is about 15 minutes.
 - ▶ Walk SE on the road for about 600m then along the field boundaries for about 1.1km.
 - ▶ Turn W off the John Muir Way and follow the sign post for Balgone Lakes.
 - ▶ After 200m turn left to follow the path along the south side of the lake.
 - ▶ The crag is at the western end of the lake, facing north.
- There is now additional parking available at 'The Herd Cafe' at Balgone Barns: 56.0330, -2.7099 [google maps](#)
This is on the left edge of the farm building on the left of the above map.
It seems to be OK to park here even when the cafe is closed. But if it is open when you arrive you might consider buying a cup of tea for goodwill.
The walk from here is about 5 minutes.
 - ▶ Walk almost directly S from the cafe car park along a broad track beside the field (do not go through the farmyard).
 - ▶ Turn left on a track through the woods and then right to get to the crag.

On the latter approach you arrive more or less at Right Hand Buttress, which contains the route 'Ivy Wall', which is two routes to the right of a big wall of, er, ivy. . .

Routes

The crag is described in the current SMC Lowland Outcrops guide. However, there are now many more routes than in that guide.

These are listed on the UKC page for Balgone Heughs, but combining the SMC guide with the UKC list makes it much easier to identify the routes than just having the list alone – buy the guide!